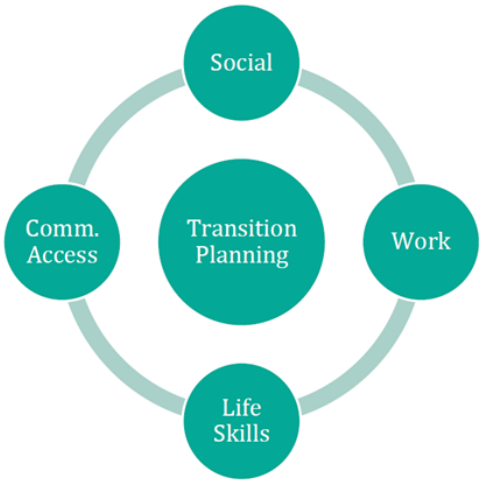


**Who:** Anyone interested in learning about topics that will assist transitioning youth with disabilities into adulthood

**When:** The 4th Tuesday of each month from 6:00-7:30 pm

**Where:** St. John Lutheran Church
1100 N. Main St.
Celina, OH 45822
Fellowship Hall

## S.A.L.T. RESOURCES

**To receive information for trainings, webinars and other local events:**

**CONTACT:**
**S.A.L.T. Coordinator:**

Karen Leugers
kleugers@mercerdd.org
567-890-0264

# Mercer County

# S chool to A dult L ife T ransition

## What is S.A.L.T.?

**S.A.L.T.** is a free monthly series developed to provide learning opportunities, along with resources and guidance, to help families of young adults with disabilities navigate through the transition from school to adult life and beyond.

JOIN US

## *What happens during a S.A.L.T. and S.A.L.T.-Teen session?*

### S.A.L.T. Session

*(Parents)*

Presentations and guest speakers focus on a specific topic making it easy to understand for families or caregivers. This is a very supportive group who willingly listen to and share knowledge and information with each other.

### S.A.L.T. – Teen Session

*(students age 14-22)*

A fun and creative group that takes place at the same time as the parent SALT session. The teen session is geared towards fostering awareness of self-advocacy, independent living and employment.

## *How can I benefit from attending the S.A.L.T. and S.A.L.T.-Teen sessions?*

### S.A.L.T. families receive access to many helpful resources:

- You can make connections with other families and students.
- You can gather important contacts for transition support.
- You will receive handouts, presentation copies, etc.
- You will receive the most current information on trending topics.

# 2022-23 S.A.L.T. Schedule

| Date | Location | Topic |
|---|---|---|
| 9-27-22 5:30-8:00 p.m. | St. John Lutheran Church Celina Fellowship Hall | Being Safe in Our Community: Part 1 |
| 10-25-22 6:00-8:00 p.m. | St. John Lutheran Church Celina Fellowship Hall | Housing: Starting the Journey (Parent Panel) |
| 11-22-22 6:00-7:30 p.m. | St. John Lutheran Church Celina Room 106B | Planning a Successful Path to Adulthood (Transition Planning) |
| 1-24-23 5:30-8:00 p.m. | St. John Lutheran Church Celina Fellowship Hal | Being Safe in Our Community: Part 2 |
| 2-28-23 6:00-7:30 p.m. | St. John Lutheran Church Celina Room 106B | Guardianship, the Alternatives, and Rights |
| 3-28-23 6:00-8:00 p.m. | St. John Lutheran Church Celina Fellowship Hall | Planning Today for Your Loved One's Tomorrow |
| 4-25-23 6:00-8:00 p.m. | St. John Lutheran Church Celina Fellowship Hall | Greater Independence with Technology |